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## A Hearty Welcome to Today's Chief Guest

### Rtn. DR. SUKHESH RAO

Professor & Head, Dept. of Tuberculosis and  
Respiratory Diseases, Srinivas Institute of Medical  
Sciences and Research, Mangalore.



Born on 20 November 1963 in Kanpur, Dr. Sukhesh Rao has dedicated his career to medical education, clinical practice, and research in tuberculosis, respiratory diseases and allergies. A graduate of G.S.V.M. Medical College, Kanpur (M.B.B.S., M.D.), he has served in reputed institutions including JIPMER Pondicherry, KMC Manipal, Fr. Muller Medical College, and Yenepoya Medical College before taking charge at Srinivas Institute of Medical Sciences.

With over three decades of experience, he has progressed from Registrar to Professor & Head, mentoring generations of students. He has authored more than 40 publications in national and international journals, contributing significantly to areas such as pulmonary tuberculosis, bronchogenic carcinoma, pleural effusions, and allergen specific immunotherapy. His work has strengthened understanding of tuberculosis control and respiratory medicine.

Dr. Rao has presented papers and delivered guest lectures at major conferences, particularly on antimicrobial therapies and innovative approaches in TB management. His commitment to teaching, research, and patient care has earned him recognition as a respected leader in his field.

He is the son of Late Mr. G.K. Rao and Late Mrs. Hemalatha. He is married to Mrs. Mamatha. His daughter, Dr. Shobhitha, is a pulmonologist at Srinivas Institute, and his son-in-law, Dr. Guruprasad, is a medical oncologist at Kanachur Medical College. His grandchildren are Sanjit and Reyansh. His son, Sarvesh, and daughter-in-law, Jyotsna, both engineers, reside in Germany with their son Samier.

The Association of Physicians of India, DK Chapter, has honored Dr. Sukhesh Rao for his distinguished contributions to medical science, education, and public health.

PROGRAMME 21.04.2026 AT 07.00 PM

Chief Guest: **Rtn. Dr. Sukhesh Rao**

Topic: **Environment and Allergy-  
Implications and Treatment.**

Ann & Annets invited

Dinner meeting

Next meeting **28. 04. 2026** AT 07.00 PM

**Speaker meeting**

Ann & Annets invited

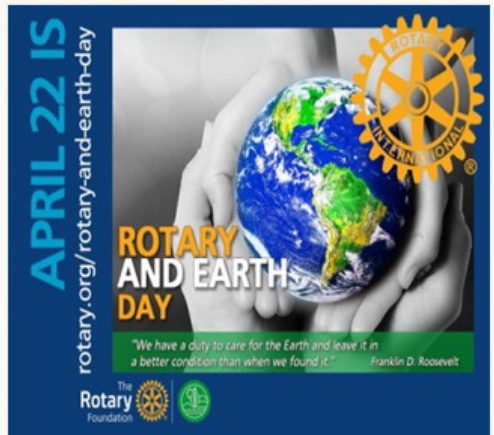
## ROTARY ENVIRONMENT MONTH

April is Rotary International's Environment Month. Rotary clubs worldwide take part in activities that protect and improve our planet. Clubs plant trees, clean public spaces, and work to reduce pollution. They also conduct workshops to promote biodiversity and sustainable living. Rotary partners with governments and environmental groups to support

policies that safeguard natural habitats. These efforts show Rotary's commitment to a healthier planet for future generations.

Rotary clubs are installing solar panels in community centers to reduce dependence on non renewable energy. A global campaign is encouraging people to cut plastic waste by using reusable materials and joining beach clean ups. Rotary is also working with schools to create educational gardens that teach children about sustainable farming and local food sources.

Earth Day, observed on April 22, is another important moment for Rotary. Clubs mark the day by organizing tree planting, clean up drives, awareness programs, and activities that promote renewable energy. Through these initiatives, Rotary strengthens its dedication to environmental protection and a sustainable future.



**Prof. Dr Shivaprasad K<sup>MD</sup> (Hom)**  
**Prof. Dr Jyoshna S<sup>MD</sup> (Hom)**  
Consultant Homoeopaths

email : shivaprasadk.sk@gmail.com  
info@doctorshivaprasad.com  
Website : www.doctorshivaprasad.com  
Phone : 93435 61455, 93422 31894

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## PROCEEDINGS OF THE ROTARY CLUB WEEKLY MEETING : 14 April 2026

### Topic : **Strong Roots, New Wings**

**WELCOME ADDRESS** : President Rtn. Dr. M. S. Arun Kumar Shetty warmly welcomed the Chief Guest, Smt. Rajeshwari D. Shetty, along with Rotarians, Anns, Annettes and invited guests. In his address, he emphasized the importance of respecting and learning from the past to build a stronger future. A balanced understanding of past experiences and future aspirations, he said, is the foundation of personal success. With this thought, he introduced the theme "Strong Roots, New Wings" and invited the Chief Guest to address the gathering.

**PRESENTATION SUMMARY** : The Chief Guest and resource person, Smt. Rajeshwari D. Shetty, spoke eloquently on the theme "Strong Roots, New Wings." She described it as a metaphor for maintaining strong roots in values, family and heritage, while developing the courage and freedom to grow, adapt and explore new opportunities.

She highlighted that experiences from the past shape growth and must be passed on to future generations, along with an open mindset to accept change. Change, she noted, is inevitable at every stage of life, and adaptability is the key to growth and fulfillment. Learning and personal development have no age limit.

Key interpretations of the theme included personal development through learning from past experiences, effective parenting and mentoring by providing strong values along with independence, and empowerment by building firm foundations while embracing new environments and opportunities.

The speaker also referred to the philosophy reflected in the writings of Dr. A.P.J. Abdul Kalam, particularly in his autobiography \*Wings of Fire\*, where strong roots played a vital role in shaping resilience, identity and success. Overall, the theme emphasized nurturing a strong identity to face challenges with hope, strength and purpose.

**ANNOUNCEMENTS** : The President announced that the Club has received the Annual Fun 50:50 Milestone Award. He also informed members about the Career Opportunities in Indian Armed Forces program, jointly organized with University College, Mangalore, on 2 April 2026, under the guidance of Rtn. Lohidas, Chairman - Career Guidance.

Members were also requested to contribute towards the construction of a home for the blind at Narikombu, Bantwal.

**RECOGNITION** : Rtn. R. M. Gogeri and his team were elected for the Ugadi Kavi Gosthi at Mangalore Akashavani, organized by Sowhara Sahithya Vedike.

Rtn. Dr. Alwyn D'Sa's work, "Katha Pallavi - Konkani Short Stories", was recently translated into Kannada and published by the Konkani Sahithya Academy.

Rotarians, Anns, Annettes and family members celebrating birthdays & anniversaries were warmly greeted.

**ACKNOWLEDGEMENTS AND CLOSING** : **Invocation**: Ann. Geetha Rao. **Introduction of Chief Guest**: Rtn. B. Dinesh Kamath. **Vote of Thanks**: Rtn. Dr. Sukesh Rao

The meeting concluded with the National Anthem, followed by a fellowship dinner sponsored by Rtn. T. G. Shenoy and Rtn. Ajith Rao



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**Rtn. Dr. K. Shivaprasad** was the guest at the inauguration of the bus stand sponsored by the Rotary Club Loretto Hills on 15.4.2026.



**Rtn. M. Vishwanath Shetty** was the chief guest and resource person to speak on Dr. B. R. Ambedkar's 135th birthday at the Kudmal Ranga Rao Auditorium, Urva, Mangalore.



**Rtn. Dr. K. Shivaprasad** was the chief guest at a joint meeting of Rotary ChamaraJanagara and ChamaraJanagar Silk City.



**Ann. Dr. Kusum D'Sa** was the resource person on the topic "Drug Addiction-Pros and Cons," organized by the Moolabuta Foundation in association with other associations.

**HAPPY BIRTHDAY**

**June Sairaj** S/o Rtn. Mohan A, 19<sup>th</sup> April

**Annet Laisha** D/o Rtn. Walter, 19<sup>th</sup> April

**WEDDING ANNIVERSARY**



**Rtn. Yogish Kumar & Ann Jayashree, 17<sup>th</sup> April**



**Rtn. Vasanth Anchan & Ann Sowmya, 17<sup>th</sup> April**

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